

## BLOOD DONATION CONSENT / REFUSAL

With your consent, standard amount of blood (450 ml) will be drawn from you.

With respect to infections, the procedure is safe as only disposable tools are used.

The number of red blood cells restores after 60 days, therefore you will be able to donate blood after 2 months. The blood should be donated after adequate rest and sleep. It is not recommended to donate blood after night work. Causes of many reactions are psychological (fear, needle phobia, pain at needle site in case of unsuccessful vein puncture). The vein puncture site should be covered with a bandage for at least 2 hours after blood donation. Donor should rest for 15–20 minutes after the procedure.

Although the blood donation procedure is safe, the following **adverse reactions** (side effects) are possible:

- discomfort or bruising at needle site;
- general weakness, dizziness, mild nausea, palpitation;
- moderate and severe reactions (unconsciousness, fainting);
- in case of any of above symptoms, immediately inform the staff member, who performs the procedure, to get the necessary medical help.

I, \_\_\_\_\_  
(donor's name, surname)

confirm that the physician answered all my questions and I was fully and clearly informed about:

- blood collection procedure, its aims and course;
- possible adverse reaction during the procedure or after it.

I understood information given by the physician properly and I c o n f i r m that I am aware of Nacionalinis kraujo centras VŠĮ internal regulations for donors and

**consent/refuse**

*(delete as applicable)*

**on my own will to donate blood** and to all necessary measures in case of extraordinary circumstances or adverse reactions.

Donor's signature \_\_\_\_\_, date \_\_\_\_\_.

Physician's name, surname, signature \_\_\_\_\_, date \_\_\_\_\_.

\_\_\_\_\_